



Menu



Welcome to the Harbour Room Carvery at the Pomme d'Or Hotel, where each day a veritable feast is spread before your eyes.

The real pleasure of dining in The Harbour Room is choosing exactly what takes your fancy from the mouth-watering array of dishes available.

However, should you prefer to remain seated, our waiting staff will be happy to serve all courses of your meal to you at the table.

Please just ask.

Breakfast

Select your breakfast choice from the buffet display or please ask one of our waiting staff to serve you.

Continental

Chilled orange, grapefruit, pineapple, apple, cranberry or tomato juice

A selection of cereals or porridge, grapefruit segments, prunes, apricots, peaches or green figs, natural or fruit yoghurt, cold ham, cheese, smoked fish platter and tomatoes

£8.50

Full English

Grilled pork sausage, vegetarian sausage, bacon, hash browns, black pudding, baked beans, mushrooms and fried bread

Boiled, scrambled, poached or fried eggs

Fresh croissants, pastries and bread rolls

Grilled kippers are available from our kitchen, please ask your waiter

£15.50

Dinner

Served Saturday to Thursday
from 6.30pm to 9.30pm

1 Course (starter or main)

£17.00

2 Courses (starter and main)

£22.50

Desserts

In addition to the dishes presented on our buffet, a wide selection of desserts and other supplementary items are also available daily.

Please refer to the list at the back of this menu for today's delicious choices, or ask one of our waiting staff for assistance and recommendations.

£6.50

Teas & Coffees

Regular Tea/Coffee	£2.50
Cappuccino	£2.95
Cafe Latte	£2.95
Regular Espresso	£2.55
Large Espresso	£2.75

Friday Night Seafood Buffet

Served every Friday from
6.30pm to 10.00pm

4 courses, with as many visits to
the sumptuous buffet as you wish
(including desserts and filter coffee).

£32.50

Sunday Lunch

Served 12.30pm to 2.00pm

Traditional family Sunday Lunch, with
all courses presented on our buffet.

4 Courses

(Including desserts and filter coffee.)

£25.00



Supplementary Items

In order to enhance your dining experience, we are delighted to offer the option of choosing from our à la carte selection of supplementary items.

The prices shown on the menu opposite are a supplement to the indicated buffet prices.

Please note that certain dishes may contain nuts, seeds or other allergens.

If you are concerned about the ingredients in a particular dish then please ask a member of our waiting team for assistance.

the *Journal of Applied Behavior Analysis* (1974), and the *Journal of Experimental Psychology: Applied* (1975).

There are a number of reasons why the *Journal of Applied Behavior Analysis* is the most widely read journal in the field. First, it is the only journal in the field that is published quarterly. Second, it is the only journal in the field that is published by a non-profit organization.

Third, it is the only journal in the field that is published by a journal that is not a journal. Fourth, it is the only journal in the field that is published by a journal that is not a journal.

Fifth, it is the only journal in the field that is published by a journal that is not a journal. Sixth, it is the only journal in the field that is published by a journal that is not a journal.

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