

Cascades Baguettes & Sandwiches



All Baguettes are served with fries.

Roast chicken and ham salad sandwich with mayonnaise and tomato.	£6.75
Mature Cheddar cheese with pickled beetroot and lettuce.	£6.75
B.L.T. with salad and mayonnaise.	£6.75
Prawns Cocktail sauce, Iceberg lettuce and cherry tomatoes.	£7.75
Warm tuna melt with onion, sweet chilli & sweetcorn, melted cheese.	£7.75
Warm pulled pork served with red onion and BBQ sauce.	£7.75
Pepperoni pizza baguette	£7.50

Hot Wraps

All Wraps are served with fries.

Southern fried chicken with coleslaw, tomato and cheese.	£7.75
Feta cheese, red pepper and mushroom with lettuce.	£7.50
Warm classic breaded scampi wrap with lettuce and tartar sauce.	£7.75

Guests concerned about the presence of nuts, seeds, small bones or other allergens in our food are welcome to ask the server for assistance when choosing their meal.

Tasty Snacks



All snacks below are served with chunky chips and salad garnish.

Barbecued chicken ranch burger Barbecued chicken burger with bacon, beef tomato salad and smokey ranch BBQ sauce and cheese.	£9.25
American classic burger 6oz fresh beef burger with Cheddar cheese, salad leaves, beef tomato and gherkin served with burger sauce.	£8.95
Classic Club sandwich Grilled chicken, crispy bacon, beef tomato and a fried egg with crunchy leaves and mayonnaise.	£8.95
The mighty smoked burger Beef burger, crispy bacon, onion rings, smoked Applewood Cheddar, tomato and BBQ sauce.	£9.25
Mediterranean mozzarella burger with tomato, onion, salad and piquant relish.	£7.50

Paninis

All Paninis are served with fries.

Flaked Cheddar cheese and BBQ ham	£6.50
Brie and cranberry	£6.25
Chicken, tomato, cheese and onion	£6.50
Tomato salsa, basil and goat's cheese	£6.50

Classic Toasties

With your choice of any two fillings: **£4.50**
Cheese, chicken, ham, onion, tomato, bacon, all served with a side serving of coleslaw.

Light Meals



Chicken Caesar salad	£7.25
Warm beef and pepperoni salad	£7.95
Hot Goat's cheese, vegetable relish and roasted pepper salad	£7.50

Jacket Potatoes

With your choice of filling:

Tuna mayonnaise, onion and sweetcorn.	£4.95
Mature melted Cheddar cheese. (V)	£4.50
Cheesy beans or just beans. (V)	£4.50
Plain with just butter. (V)	£3.95
Extra toppings: cheese, coleslaw, bacon, ham or beans.	£0.65

Junior Meals in a Basket

Cheese burger with fries	£6.25
Battered chicken chunks with fries	£4.85
'Aye aye captain' fish fingers with fries	£4.80
Hot dog with fries	£3.95

Junior snacks

Tomato and ham pizza	£4.25
Garlic and cheese bread	£3.00
Chips and cheese	£2.75
Chips or fries	£2.00